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■ introduction ■

Are you undecided about which major or career path to choose?

You are a unique individual, full of potential to pursue and accomplish your career dreams. Sometimes it can seem very overwhelming to figure out which next step to take. With a little reflection and organization, however, this process can be so much easier.

Finding Your Career Fit is a **4-step process** to discover your interests, personality type, skills/talents, and values that complement various career environments. While these 4 areas will be assessed individually, in order to explore careers that would be a good fit for you, it is important to consider where they overlap.

It is in the overlap of these 4-areas that your career fit can be identified.



your career daydream

DIRECTIONS: Close your eyes and imagine yourself in your dream career. Then, answer the following questions. What do your responses reveal about possible careers you could explore?

What time would you wake up in the morning?	
2. What would you wear to work?	
3. Do you imagine yourself living in a house, apartment, condo, etc.?	
4. How would you get to work? (car, train, bus, other)	
5. What would your work setting look like? (office, outdoors, home office, classroom, other)	
6. How many people would you prefer to work with? (lots, a few, work independently)	
7. How active would you be throughout the day? (sit at computer/standing & sitting)	
8. What would be the focus/purpose of your work? (helping people, developing a product, etc.)	
9. What are three work activities that you would want to incorporate during the day?	
10. How would you serve others in the work you do?	
11. How much yearly salary would you desire to make in this profession?	_
12. What would your personal life look like? (single, married, children, pets, hobbies)	_

■ what you enjoy ■

DIRECTIONS : Think about your interests on a personal level when responding to the following questions:
1. What books, TV shows, or movies do you MOST enjoy?
2. What are your hobbies?
3. What do you enjoy talking about with your friends?
4. What do you do on a regular basis that you would enjoy doing for free – unconcerned about payment?
What are the THEMES within the information you listed above (i.e., adventure, helping people, researching, eading, etc.)? Even if you have multiple interests, this can be a good starting point to identify majors and careers that align with those interests.
Go to O*NET , <u>http://www.onetonline.org/</u> You can use keywords in the "Quick Search" box to search for jobs related to your interests.

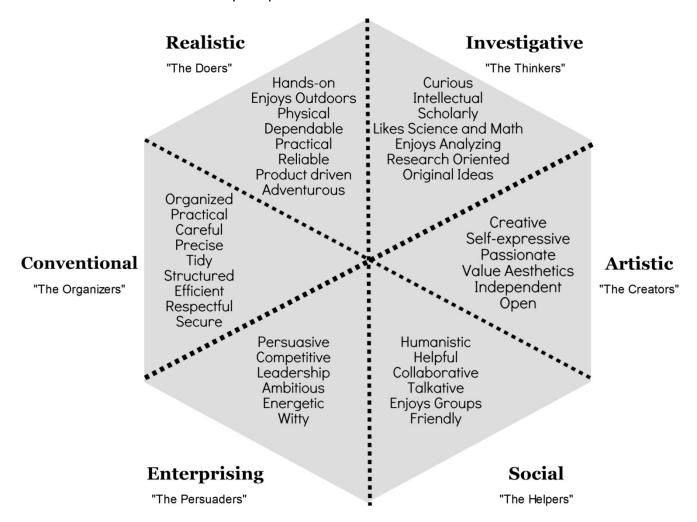
your interests

DIRECTIONS: Put a check by each activity you enjoy. Then, add up the checks in each column and total each section. What are your top 3 interest areas (i.e., Artistic, Enterprising, Social – AES)? List top 3 on next page.

	Realistic	Investigative	Artistic
	Producing tangible results	Solving abstract problems	Composing music
	Fixing things	Analyzing information	Acting, performing
	Constructing, building	Conducting research	Decorating
	Using tools	Learning new facts	Playing instruments
	Being outdoors	Exploring theories	Designing
	Making things work	Collecting data	Going to museums
	Action-oriented activities	Detailed activities	Attending concerts
	Working with my hands	Academic achievement	Writing poetry, stories
	Hunting, camping, hiking	Developing knowledge	Reading
	Solving problems	Designing systems	Dancing, yoga
	Repairing, refinishing	Working in lab	Drawing, painting
	Using equipment	Enjoy scientific settings	Cooking, entertaining
	Total	 Total	Total
	Social	Enterprising	Conventional
	Social Working in groups	Enterprising Speaking in public	Conventional Using spreadsheets
		- 0	
	Working in groups	Speaking in public	Using spreadsheets
_	Working in groups Supporting others	Speaking in public Fund-raising	Using spreadsheets Keeping records
_	Working in groups Supporting others Building relationships	Speaking in public Fund-raising Debating ideas	Using spreadsheets Keeping records Filing, organizing
	Working in groups Supporting others Building relationships Communication	Speaking in public Fund-raising Debating ideas Persuading, influential	Using spreadsheets Keeping records Filing, organizing Making charts, graphs
	Working in groups Supporting others Building relationships Communication Listening to people	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports
	Working in groups Supporting others Building relationships Communication Listening to people Collaborating	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees Managing people	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports Attention to detail
	Working in groups Supporting others Building relationships Communication Listening to people Collaborating Encouraging	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees Managing people Competing	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports Attention to detail Using computer software
	Working in groups Supporting others Building relationships Communication Listening to people Collaborating Encouraging Empowering	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees Managing people Competing Asserting ideas	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports Attention to detail Using computer software Conducting analyses
	Working in groups Supporting others Building relationships Communication Listening to people Collaborating Encouraging Empowering Helping others	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees Managing people Competing Asserting ideas Taking risks	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports Attention to detail Using computer software Conducting analyses Creating efficiency
	Working in groups Supporting others Building relationships Communication Listening to people Collaborating Encouraging Empowering Helping others Teaching, instructing	Speaking in public Fund-raising Debating ideas Persuading, influential Chairing committees Managing people Competing Asserting ideas Taking risks Earning money	Using spreadsheets Keeping records Filing, organizing Making charts, graphs Writing reports Attention to detail Using computer software Conducting analyses Creating efficiency Office procedures

your top 3 interests:

DIRECTIONS: Find your 3-letter code's descriptions below. On page 17, write themes that match who you are as well as careers of interest in the space provided for INTERESTS.



Possible Careers

Realistic	Investigative	Artistic	Social	Enterprising	Conventional
Architecture Construction Management Auto Mechanic Police Officer	Professor Lab Technician Researcher Physicist Chemist	Photography Artist Actor/Actress Writing	Counseling Teaching Training Psychology Nursing	Marketing Sales Communications Management Real Estate	Accounting Software Development Insurance Administration
Engineering Agriculture Forestry Animal Health Coaching Military	Geologist Biologist Math Teaching Physical Therapy Investigator	Dancing Teaching Journalism Event Planning Culinary Music Graphic Design	Therapy Child Care Cust. Service Tour Guide Coaching Clergy	Politics Finance Investing Public Speaking Advertising Business	Management Banking Finance Data Processing Real Estate Actuary

your personality

DIRECTIONS:

- 1. In the following 4 sections, put a check next to the sentence, on either side, that best describes how you tend to think or act on a daily basis.
- 2. Add up each column.
- 3. Subtract the lower number from the higher number and circle the corresponding number on the scale below to see where you range. (Example: Extroversion 6 Introversion 3 = Circle 3 on Extroversion side)
- 4. If you have an equal amount of checks on each side, circle "0" meaning a balance in those areas.
- 5. What THEMES emerge?
- * Self-assessment is based on the Myers -Briggs Personality Type Indicator

How we interact with the world and where we gain energy

EXTROVERSION	INTROVERTION
Are energized by being with other people	Are energized by spending time alone
Like being the center of attention	Avoid being the center of attention
Act, then think	Think, then act
Tend to think out loud	Think through ideas inside their head
Are easier to "read" and know; share personal information more freely	Are more private; prefer to share personal information with a select few
Talk more than listen	Listen more than talk
Communicate with enthusiasm	Keep their enthusiasm to themselves
Respond quickly; enjoy a fast pace	Respond after thinking things through
Prefer breadth to depth	Prefer depth to breadth
Total Extroversion Score	Total Introversion Score

EXTROVERSION 9---8---7---6---5---4---3---2---1---0---1---2---3----4---5----6---7---8----9 INTROVERTION

How we learn about the world

	SENSING	INTUITION	
Li	rust what is certain and concrete ike new ideas only if they have practical pplication	Trust inspiration and inference Like new ideas and concepts for their own sake	
	'alue realism and common sense ike to use and hone established skills	Value imagination and innovation Like to learn new skills; get bored easily after mastering skills	
	resent information in a step by step nanner	Present information through leaps, in a roundabout manner	
0	Priented to the present	Oriented toward the future	
T	otal Sensing Score	Total Intuition Score	

SENSING 6----5----4----3----2----1----0----1----2----3----4----5----6 INTUITION

How we make decisions

THINKING	FEELING	
Step back; apply impersonal analysis to	Step forward; consider the effect of	
problems	actions on others	
Value logic, justice, and fairness; one	Value empathy and harmony; see the	
standard for all	exception to the rule	
	Naturally like to please others; show	
Naturally see flaws and tend to be critical	appreciation easily	
May be seen as heartless, insensitive and	May be seen as over-emotional, illogical	
uncaring	and weak	
Consider it more important to be truthful than	Consider it important to be tactful as	
tactful	well as truthful	
Believe feelings are valid only if they are	Believe any feeling is valid, whether it	
logical	makes sense or not	
Are motivated by a desire for achievement	Are motivated by a desire to be	
and accomplishment	appreciated	
Total Thinking Score	Total Feeling Score	

THINKING 7----6----7 FEELING

How we prefer to live

JUDGING	PERCEIVING
Are happiest after decisions are made	Are happiest leaving their options open
Have a "work ethic"; work first, play later	Have a "play ethic"; enjoy now, finish the job later
Set goals and work towards achieving them on time	Change goals as new information becomes available
Prefer knowing what they are getting into	Like adapting to new situations
Are product-oriented (emphasis is on completing the task)	Are process-oriented (emphasis in on how the task is completed)
Derive satisfaction from finishing projects	Derive satisfaction from starting projects
See time as a finite resource and take deadlines seriously	See time as a renewable resource and see deadlines as elastic
Total Judging Score	Total Perceiving Score

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YOUR PERSONALITY COD	E:	

Now go online to complete the TypeFocus personality assessment

TypeFocus is an interactive online program that helps you assess your personality type strengths, explore options, and develop career plans. This site will provide a full description of your personality type and a summary of careers that might be a good fit for you.

DIRECTIONS:

- 1. Go to https://www.typefocus.com/ and click on New Users Start Here!
- 2. Enter your information in the appropriate spaces
- 3. Site password: Please contact the UGA Career Center to get password
- 4. Under the Self Assessments Tab, click personality and begin your assessment.

After You Finish:

- 1. Find your 4-letter code, using the first letter of each of your strongest descriptors (example: INTP).
- 2. Start looking at the many careers that line up with your personality code by searching online
- 3. Come talk with your Career Consultant at the Career Center to learn more about your assessment results

16 personality types

DIRECTIONS: Find your 4-letter code below. On page 17, write themes that match who you are as well as careers of interest in the space provided for PERSONALITY.

ESTP	ESFP	ESTJ	ESFJ
			LOIG
Flexible Immediate results	Outgoing Lover of Life	Practical Realistic	Warmhearted Cooperative
Energetic Problem solver	Enthusiastic Realistic	Decisive Organized	Desire harmony Determined
Present focus	Flexible, adaptable	Efficient	Loyal
Spontaneous Active with others	Motivate others Spontaneous	Enjoys routine Forceful	Need appreciation Organized
Learn by doing	Learn best by doing	Natural leader	Dependable
Fun to be around Love detail	Problem Solving Present Focused	Creates structure Honest	Enjoys variety Practical
Possible Careers	Possible Careers Artists	Possible Careers	Possible Careers Nurses
Sales Representatives Marketing Personnel	Performers & Actors	Military Leaders Business Leaders	Teachers
Police & Detectives	Counselors	Police & Detectives	Childcare Providers
Athletes Paramedic	Fashion Designers Interior Decorators	Judges Financial Officers	Family Physician Counselors
Entrepreneurs	Photographers	Sales Representatives	Office Managers
TOMETO T	ENIED	ENITED	TONITO T
ENFJ	ENFP	ENTP	ENTJ
Warm Empathetic Catalyst for growth	Enthusiastic Imaginative Confident	Outspoken Resourceful Analytical	Decisive Natural leader Enjoy goal setting
Warm Empathetic Catalyst for growth Loyal Sociable	Enthusiastic Imaginative Confident Wants affirmation Spontaneous	Outspoken Resourceful Analytical Dislike routine Creative	Decisive Natural leader Enjoy goal setting Well read Enjoy learning
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible	Outspoken Resourceful Analytical Dislike routine Creative Communication	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful
Warm Empathetic Catalyst for growth Loyal Sociable	Enthusiastic Imaginative Confident Wants affirmation Spontaneous	Outspoken Resourceful Analytical Dislike routine Creative	Decisive Natural leader Enjoy goal setting Well read Enjoy learning
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader Genuine	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible Genuine	Outspoken Resourceful Analytical Dislike routine Creative Communication Debater	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful Driven
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader Genuine Likes structure People skills Dislike criticism	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible Genuine Future focused Natural leader Creative	Outspoken Resourceful Analytical Dislike routine Creative Communication Debater Value knowledge Logical Solving problems	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful Driven Impatient Communication Future focus
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader Genuine Likes structure People skills Dislike criticism Possible Careers Consultants Psychologists	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible Genuine Future focused Natural leader Creative Possible Careers Consultants Psychologists	Outspoken Resourceful Analytical Dislike routine Creative Communication Debater Value knowledge Logical Solving problems Possible Careers Lawyers Engineers	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful Driven Impatient Communication Future focus Possible Careers Entrepreneurs Lawyers
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader Genuine Likes structure People skills Dislike criticism Possible Careers Consultants Psychologists Social Workers	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible Genuine Future focused Natural leader Creative Possible Careers Consultants Psychologists Teachers	Outspoken Resourceful Analytical Dislike routine Creative Communication Debater Value knowledge Logical Solving problems Possible Careers Lawyers Engineers Scientists	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful Driven Impatient Communication Future focus Possible Careers Entrepreneurs Lawyers Judges
Warm Empathetic Catalyst for growth Loyal Sociable Inspiring leader Genuine Likes structure People skills Dislike criticism Possible Careers Consultants Psychologists	Enthusiastic Imaginative Confident Wants affirmation Spontaneous Flexible Genuine Future focused Natural leader Creative Possible Careers Consultants Psychologists	Outspoken Resourceful Analytical Dislike routine Creative Communication Debater Value knowledge Logical Solving problems Possible Careers Lawyers Engineers	Decisive Natural leader Enjoy goal setting Well read Enjoy learning Forceful Driven Impatient Communication Future focus Possible Careers Entrepreneurs Lawyers

Find more personality descriptions and details on these websites:

- http://www.personalitypage.com/html/careers.html
- http://www.16personalities.com/type-descriptions

ISTP	ISFP	ISTJ	ISFJ
Tolerant & flexible Loyal & fair Quiet observer Analytical Independent High standards Present focus Logical & practical Use of 5 senses Adventurous spirit	Quiet Sensitive & kind Present focused Personal space Loyal Dislike conflict Trusting Service oriented Learn by doing Flexible schedule	Quiet, work alone Serious Like structure Practical Realistic Responsible Logical Organized Value tradition Natural leader	Loyal Quiet Responsible Committed Accurate Orderly & structured Highly observant Detail oriented Value tradition Tangible goals
Possible Careers Chiropractors Police Detectives Coach/Trainers Carpenters ER Physicians Marine Biologists	Possible Careers Veterinarians Interior Designers Pediatricians Physical Therapists Police Officers Fashion Designers	Possible Careers Managers Military Officers Administrators Teachers Lawyers Accountants	Possible Careers Physicians Teachers Librarians Interior Designers Guidance Counselors Physical Therapists
INFP	INTJ	INTP	INFJ
	11413	INIF	INT
Service oriented Idealistic Loyal Curious Flexible Strong values Future focus Creative Sensitive Value relationships	Achieving goals Analytical Independent High standards Competent Create order Future focus Value own opinion Dislike routine Value knowledge	Loves theory Abstract Loves ideas Quiet Solves problems Flexible Creative Values knowledge Future focus Internal	Loves ideas Conscientious Committed Strong value system Visionary Organized Idealistic Complex & deep Future focus Creative

■ your skills

DIRECTIONS: Put a check in the box next to each skill you enjoy using on a daily basis and then add up your checks in each section. Then, look back to see which categories contain your strongest skills! List your strongest skills in the SKILLS category on page 17.

I. WORKING WITH PEOPLE

A. Helping/Human Relations Skills

Skill I E	njoy Using	Total/ 10
	Active listening, caring	
	Developing rapport and trust	
	Working with groups	
	Understanding, empathizing, accepting	
	Helping others clarify alternatives, values and needs	
	Counseling, advising	
	Interviewing, referring, consulting	
	Dealing constructively with difficult people/situations	
	Advocating, negotiating for others, confronting	
	Working with special populations, social service	
B. Manage	ement Skills	
Skill I E	injoy Using	Total <i> </i> 7
	Organization, coordinating (people, programs, structures)	
	Supervising, managing, directing, motivating	
	Establishing, planning, developing	
	Implementing policies and procedures	
	Producing, setting up, assigning, maintaining	
	Problem-solving, trouble-shooting	
	Reconciling conflicts, mediating	
C. Commu	nication/Teaching Skills	
Skill I E	injoy Using	T-1-1 /0
	Speaking, conversing, telephone skills	Total/ 8
	Dealing with general public, providing resources	
	Office writing, memos, letters, reports, minutes	
	Journalistic writing - newspapers, magazines, blogs	
	Proofreading, editing, revising, adapting	
	Reading, translating, interpreting	
	Teaching, instructing, coaching, tutoring, training	
	Leading discussion groups/workshops/performing	

D. Public Relations/Promotional Sales

SKIII I EII	joy Using	T-4-1 /0
	Representing (an employer, an organization, an issue)	Total/ 8
	Lobbying, building support, advocating	
	Coordinating conflicting groups to work together	
	Selling (commodities, services, programs, ideas)	
	Public presentations, debating, media appearances	
	Public information, press releases, newsletters, publicity	
	Organizing, planning, executing, producing, directing	
	Theatrical poise, stage presence, audio-visual presentations	
E. Adminis	tration/Leadership	
Skill I En	joy Using	
	Initiating action, working without supervision, can work under stress	Total <i> </i> 7
	Defining objectives, setting standards, compromising	
	Analyzing situations objectively	
	Simplifying complex problems (breaking them down)	
	Prioritizing tasks, revising goals, managing time	
	Evaluating, reviewing, recommending	
	Delegating responsibility, chairing meetings	
II. WORK	ING WITH DATA	
A. <i>Number</i>	s/Finance/Office Skills	
		Total <u>/ 7</u>
Skill I En	joy Using	Total <u>/ 7</u>
Skill I En	<i>joy Using</i> Computing, calculating, estimating, projecting	Total/7
Skill I En	<i>joy Using</i> Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports	Total <u>/ 7</u> _
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision	Total <u>/ 7</u>
Skill I En	joy Using Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision	Total/7
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using Gathering information, investigation, surveying	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using Gathering information, investigation, surveying Organizing, classifying, sorting information into categories	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using Gathering information, investigation, surveying Organizing, classifying, sorting information into categories Dissecting, abstracting, seeing patterns of meaning in results Conceptualizing, coming up with theories	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using Gathering information, investigation, surveying Organizing, classifying, sorting information into categories Dissecting, abstracting, seeing patterns of meaning in results Conceptualizing, coming up with theories Writing articles, summaries, reports	
Skill I En	Computing, calculating, estimating, projecting Bookkeeping, accounting, auditing Cost analysis, financial planning, budget management Taking inventory, appraising, purchasing, buying Designing office forms, procedures, filing Using statistics, compiling statistical reports Attention to detail, follow-through, accuracy, precision Analysis joy Using Gathering information, investigation, surveying Organizing, classifying, sorting information into categories Dissecting, abstracting, seeing patterns of meaning in results Conceptualizing, coming up with theories	

C. Observation	on/Problem Solving		
		Total	/ 5
Skill I Enjo	•		
	Sensing, perceiving, examining		
	Diagnosing, estimating, anticipating, projecting		
	Drawing plans, drafting		
	Designing experiments and tests		
	Tracing errors to their source		
III. WORKI	NG WITH THINGS		
A. Physical/l	Mechanical Skills		
		Total	/ 9
Skill I Enj			
	Manual Dexterity		
	Performing intricate lab procedures, preparing slides		
	Operating equipment, computers		
	Working with scientific instruments, laboratory machinery, mechanical d	levices	
	Using tools, operating heavy machinery (trucks, cranes)		
	Skilled-trades-carpentry, masonry, plumbing		
	Plant care, gardening, farming, landscaping		
	Hiking, walking, camping, bicycling, swimming, dancing		
	Traveling, navigating		
B. Design an	d Construction		
Skill I Enjo	by Using	Total	/ 5
	Molding, shaping, composing		
	Fixing, adapting, repairing		
	Measuring physical accuracy or quality		
	Drawing plans, drafting, crafts		
	Mechanical problem solving, mechanical ingenuity		
	, ,		
What are you	r top 3 SKILL areas? (Leadership, Helping Others, etc.)		

■ your values

DIRECTIONS: Sometimes all of our values cannot be represented in every potential career. With this in mind, identify your top 5 values and list them in order from most important to least important in the VALUES section on the following page.

Work Values	Description	Important
Variety	Being involved in several activities; changing from one activity to another often; having new experiences	
Accuracy	Doing things in a correct and precise manner; being exact	
Independence	Being free to make decisions and plans using your own judgment	
Adventure	Doing exciting things that often involve the unexpected, danger, or risk	
Routine	Doing something the same way each time	
Interaction	Being involved with people; sharing ideas; developing plans; being part of a group	
Mechanical	Working with things, objects, tools, and machines	
Creativity	Developing new things or ideas; doing things in a new way	
Social	Helping others and being concerned about their needs	
Production	Using your physical skills to work on or make things	
Leadership	Planning activities and managing the duties of others	
Scientific	Experimenting, testing, and trying things	
Communication	Presenting ideas through speaking or writing	
Business	Selling or promoting an idea, product, or service to people	
Expression	Interpreting and expressing feelings, ideas and information	
Influence	Influencing the thinking and behavior of others by providing ideas and information to change their opinions and attitudes	
Recognition	Achieving acceptance, acknowledgement, appreciation, renown	
Economic Reward	Receiving good pay, fringe benefits, and economic incentives	
Esteem	Performing work that provides standing in the eyes of others and evokes respect	
Power	Being in authority, directing others, and making important decisions	
Diversity	Prefers an environment where diversity is valued	
Proximity	Want to work close to where family and friends are located	
Environment	Desire a certain type of work environment: social, casual, professional, indoor, outdoor	

■ your career fit

DIRECTIONS: Under interests, personality, skills, and values, list some of the **themes/key words** that you found in each category (Example: under personality (Introvert) – likes to meet with people one-on-one).

INTERESTS (Pages 6-7)	PERSONALITY (Pages 8-12)
SKILLS (Pages 13-15)	VALUES (Page 16)

What careers would you like to explore that complement all 4 areas (interests, personality, skills, and values)?

■ UGA Majors Checklist

The University of Georgia has over 140 majors! To review your interest in these majors, begin by completing the checklist as follows:

- Mark "X" under YES if the major is one in which you are definitely interested
- Mark "?" under YES if it is a major you don't want to rule out yet but want to explore further before deciding

MAJORS	YES	MAJORS	YES	MAJORS	YES
Accounting		Consumer Foods *		Food Science *	
Advertising		Consumer Journalism		Forestry	
African American Studies *		Criminal Justice		French *	
Agribusiness		Dairy Science *		Furnishings & Interiors	
Agricultural & Applied				•	
Economics *		Dance *		Genetics *	
Agricultural Communication		Dietetics		Geography *	
Agricultural Education		Digital & Broadcast Journalism		Geology *	
Agriscience & Environmental		Forth, Childhaad Edwartian		German *	
Systems		Early Childhood Education		German	
Animal Health		Ecology *		Germanic & Slavic Languages	
Animal Science *		Economics		Greek *	
Anthropology *		Engineering, Agricultural		Health & Physical Education	
Applied Biotechnology *		Engineering, Biological		Health Promotion	
Arabic *		Engineering, Biochemical		History *	
Art-		<u> </u>		Horticulture *	
(see Bulletin for areas of emphasis)		Engineering, Civil		Horticulture	
Art/Art Education		Engineering, Computer Systems		Housing *	
Art/Art History *		Engineering, Electrical and Electronics		Human Development & Family Science *	
Art-Studio Art *		Engineering, Environmental		Interdisciplinary Studies (IDS) Honors Option; Ex. Marine Science	
Athletic Training		Engineering, Mechanical		International Affairs	
Avian Biology		English *		International Business— Must choose a co-major.	
Biochemistry & Molecular Biology *		English Education		Italian *	
Biological Science		Entomology *		Japanese Language & Literature *	
Biology *		Environmental Chemistry		Journalism (see Bulletin for areas of emphasis)	
Cellular Biology *		Environmental Economics & Management *		Landscape Architecture	
Chemistry *		Environmental Health Science*		Latin *	
Chinese Language & Literature*		Exercise & Sport Science		Latin American & Caribbean Studies *	
Classical Culture *		Family & Consumer Sciences Education		Linguistics *	
Cognitive Science *		Family Financial Planning		Management	
Communication Sciences & Disorders		Fashion Merchandising *		Management Information Systems	
Communication Studies *		Film Studies *		Marketing	
Comparative Literature *		Finance		Mass Media Arts	
Computer Science *		Fisheries & Wildlife (see Bulletin for areas of emphasis)		Mathematics *	
Consumer Economics *		Food Industry Marketing & Administration		Mathematics Education (see Bulletin for areas of emphasis)	

Microbiology *	Physics & Astronomy *	Social Studies Education
Middle School Education	Plant Biology *	Social Work
Music *	Political Science *	Sociology *
Music Composition	Poultry Science *	Spanish *
Music Education	Psychology	Special Education
Music Performance	Public Relations	Sport Management
Music Theory	Real Estate	Statistics *
Music Therapy	Religion *	Theatre *
Natural Resource Recreation	Risk Management &	Turfgrass Management *
& Tourism	Insurance	Turfgrass Management *
Nutrition Science *	Romance Languages	Water & Soil Resources
Pharmaceutical Sciences *	Russian *	Women's Studies *
Philosophy *	Science Education	World Language Education
Physics *		

NOTES:

- This list of Majors is for the UGA-Athens Campus
- Double Major & Dual Degrees talk about these options with an Academic Advisor

Along with the majors on this checklist, there are numerous pre-professional programs. These help you to declare your future intentions.

Pre-Dentistry	Pre-Optometry	Pre-Pharmacy	Pre-Veterinary Medicine	Pre-Forest Resources
Pre-Law	Pre-Medicine	Pre-Theology	Pre-Business	Pre-Journalism

MINORS: "*" denotes majors with corresponding minor. All other minors:

Aerospace Studies	Environmental Soil Science	Portuguese
African Languages and Literature	Food and Fiber Marketing	Public Health
African Studies	French Studies	Resource Economic
Agribusiness and Management	Korean Language and Literature	Teaching English to Speakers of
Asian Languages and Literature	Military Science	Other Languages
Crop Science	Plant Pathology	Transnational European Studies
Environmental Law		•

CERTIFICATES:

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Actuarial Science	Computing	International Agriculture
African Studies	Disability Studies	Latin American & Caribbean Studies
African American Studies	Educational Psychology &	Leadership & Service
Agribusiness Law	Instructional Technology	Legal Studies
Agrosecurity	Engineering Physics	Local Food Systems
Archaeological Sciences	Engineering Sciences	Medieval Studies
Asian Studies	Entrepreneurship	Music Business
Atmospheric Sciences	Environmental Ethics	Native American Studies
British & Irish Studies	Geographic Information Science	New Media
Business & Political German	Global Studies	Organic Agriculture
Coastal & Oceanographic Engineering	Integrated Pest Management	Personal & Organizational Leadership
Community Forestry	Interdisciplinary Writing	Water Resources
Computer Systems Engineering	. , ,	

next steps

#1 Meet with your Career Consultant

UGA Career Center

career.uga.edu 2nd Floor, Clark Howell Hall **Call: 706.542.3375**

#2 Download specific "What Can I Do With A Major In" worksheets

These documents are found on the Career Center website under Majors & Careers tab.

#3 Check out the UGA Bulletin to explore all majors and minors

http://www.bulletin.uga.edu/

Once you find majors and minors that interest you, go to their specific department websites to learn more about courses, faculty, and other major/minor specific information.

#4 Use DawgLink to find internships, part-time, and full-time jobs to gain additional experience

DawgLink is located at bottom of the Career Center website. http://career.uga.edu/



References

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